

***Hamilton CYO Basketball  
5<sup>th</sup> Grade Girls' League Rules***

- Intermediate leather ball (28.5 inches diameter).
- ⇒ Free throws shot from the 12 foot line (midway between the inner circle and the regulation free throw line).
- *Defense/Pressing*: Man-to-man or zone defense for the whole game. Man-to-man press only
- In the last one minute of the game (and the last one minute of any overtime periods), the clock will not start on a dead ball situation until the ball crosses half court.
- **3 seconds**: the entire lane
- **Time-Outs** **5 total**, 3 one-minute and 2- 30 second timeouts per game. (Unused time-outs may be carried over into overtime period.) One additional one minute time-out is granted for each overtime period. Time-outs may be called from the bench.
- **Clock**: 6 minutes stop-and-go all four quarters.
- **Three-Point Shot**: Not applicable to this league. Everything is two points.
- **Super Bonus** (on the 10th foul): In effect.
- **Overtime**: Overtime periods will be three minutes in length.
- **Technical Fouls**: Immediate ejection and next game suspension (no appeals). A second technical foul during the season may result in disqualification for the remainder of the season. A technical foul on the bench will be assessed to the head coach; allowed two per game with same consequences as above.
- **Jewelry**: none allowed - no exceptions. (Includes rings, watches, barrettes, earrings, necklaces, etc.) Remind parents with regard to ear-piercing at Christmas time.